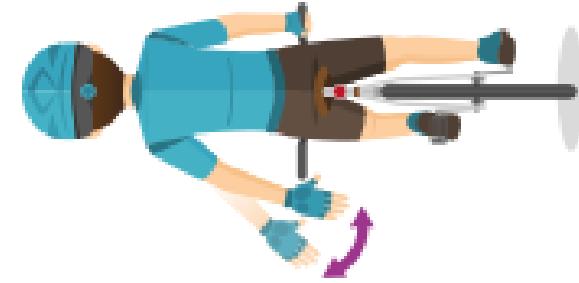


# BICYCLE HAND SIGNALS



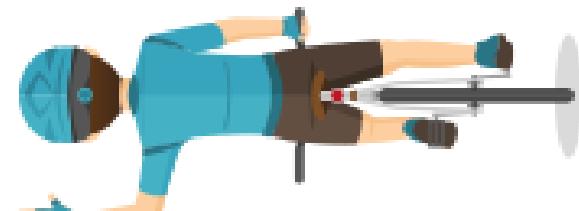
RIGHT TURN



LEFT TURN



STOP



SLOW DOWN



HUMAN POWERED  
MOVEMENT



# BASIC BICYCLE SAFETY TIPS

TO IMPROVE YOUR RIDING EXPERIENCE ...

- ENSURE YOUR HELMET IS SNUG AND BUCKLED AT ALL TIMES
  - WEAR CLOSED TOES SHOES AT ALL TIMES
- TEST THE BRAKES TO GET A FEEL FOR HOW THEY RESPOND BEFORE RIDING OFF
  - PRACTICE SHIFTING GEARS (ONE GEAR AT A TIME) BEFORE RIDING OFF
    - ALWAYS RIDE WITH A FRIEND AND WITHIN YOUR SKILL LEVEL
- UNDERSTAND THAT WOODEN BRIDGES AND ROADWAYS ARE SLIPPERY WHEN WET
  - STOP AND WALK THE BIKE IF YOU DO NOT FEEL SAFE
- BRING A (REUSABLE) WATER BOTTLE (OR BUY AN HPM BOTTLE)
- THESE BIKES ARE ONLY MEANT FOR SIDEWALKS, ROADS, GREENWAYS AND GRAVEL
  - THESE BIKES ARE NOT MEANT FOR ROCKY/ROOTY MOUNTAIN BIKE TRAILS
- RIDE IN A PREDICTABLE MANNER TO OTHER RIDERS/DRIVERS/PEDESTRIANS
  - EX: CROSS STREETS AT CROSSWALKS, STOP AT ALL STOP SIGNS, ETC.
  - REVIEW OTHER SIDE OF DOCUMENT FOR BICYCLE HAND SIGNALS

