HUMAN POWERED MOVEMENT

Gear List for Bikepacking Trips

Sample Itinerary:

3 days covering 100+ miles of remote singletrack trail, chunky service roads, & short sections of paved streets with limited resupply options and tent camping at the end of each night.

(This is a specific example of various bikepacking trips on the upper Palmetto Trail)

- Hardtail bike with 2.0” tires or bigger or a Gravel bike with 45mm tires or bigger
- Bike helmet
- Bikepacking Bags (Frame Bag, Seat Bag, Handlebar Bag, etc with carabiners and straps like Titan Straps or similar)
- Bike Lights (front and rear)
- Credit Card, ID, Cash (for basic resupply needs)
- Phone (Photos/Basic communications) and power bank/cables to recharge
- Navigation Device (Pre-loaded with turn-by-turn directions)
- Satellite Communicator (for emergencies and shared location for loved ones)
- Small/Compact tent
- Sleeping bag/pad and pillow
- Recessed cleated shoes (that double as walking shoes)
- Change of clothes, undies, and socks
- Camp shoes (or sandals and socks to save space)
- Mid-ride Food (Resupply options are few and far between. Think calorie dense foods that are easy to pack and easy to consume)
- Portable cooking system and fuel (Jet Boil or similar)
- Post-ride Food (Freeze dried meals
- Hydration (Water filter and multiple water bottles with a known plan to be able to resupply – Check if campsite has drinking water)
- Basic toiletries including toilet paper, bug spray, body wipes, etc.
- Instant Coffee and/or bourbon
- Lighter, matches or other fire starter
- First Aid kit (Band-aids, ointments, personal medications, etc.)
- Bike repair tools (Hand pump, multi-tool, flat kit, multiple spare tubes, and extra CO2)
- Chain lube, and rag to clean gearing throughout
- Open and adventuresome mindset to learn and get the most out of the experience

NOTE: This list is meant to be a guide only. Pack according to your specific needs